



CARIBBEAN WELLNESS DAY INTERAGENCY SPORTS DAY

COMMUNITY
HEALTH
SERVICES

MILLENNIUM
HEIGHTS MEDICAL
COMPLEX

MINISTRY OF
HEALTH SUPPORT
SERVICES

TAPION
HOSPITAL

ST. JUDE
HOSPITAL



FUN SPORTS RACES:

- TUG OF WAR
- FULL THE BOTTLE
- 3 LEGGED RACE
- SAC RACE
- WATER BALLOON CATCH
- NEEDLE AND THREAD
- LIME AND SPOON
- LATE FOR WORK
- INFLATABLE COSTUME RACE

SPORTS-RELAYS:

- MALE AND FEMALE
- 4X1 RELAY
- 4X4 RELAY
- 100 METERS
- 200 METERS
- 400 METERS

**SUNDAY 21, SEPTEMBER, 2025 | 9AM - 6PM
SOUFRIERE MINI STADIUM**

LOTS OF ATTRACTIVE PRIZES TO BE WON!